



Futuraskolan International
School of Stockholm



Principal Newsletter

Personal Goal of the Month - Respect

March News

When it can be Spring in the sunshine and Winter in the shade, we know March days are upon us.

As times are difficult it may not be a bad idea to send info about our counseling services out to the employees in our community or to the parents/students in a weekly letter. Whether people have been throw off balance, are contending with fear or loss or just would like someone to talk to to give them models to better manage stress or difficult emotions, Futuraskolan has constructed a support process for you.

Just ring Skolhalsan at the number below and inform them that you're a member of the Futuraskolan community. They will then connect you to a licensed support resource. This is fully anonymous and fully funded. Please look out for yourselves people, and extend that sentiment to the members of your local school or preschool community. [08-92 85 84/](tel:08-928584) www.skolhalsan.se

With our kind regards, Staff of Futuraskolan International School of Stockholm



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Read to Legazpi



During the end of March, we have celebrated Literacy Week and have started to 'Read to Legazpi'.

With 'Read to Legazpi', each class will read for 1000 Minutes (17,000 minutes altogether from Grade 1 to Grade 9) in school.

Our Estimated Time of Arrival, is June 10. Upon our arrival, in Legazpi, we will have a school celebration with food, games, video chats, and dances from the Philippines!!

Our hope is to solidify our connection so our students understand who and why we support the Banquerohan Schools in Legazpi, Philippines.



Kiev, Ukraine
200 minutes

Ankara, Turkey
400 minutes

New Delhi, India
600 minutes

Bangkok, Thailand
800 minutes

Legazpi, Philippines
1,000 minutes



Our Journey and our Reading Passport



**Futuraskolan International
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Updated School Definitions

Futuraskolan International School of Stockholm



Our Promise:

At Futuraskolan International every child is visible, challenged, and successful.

Our Shared Vision:

We challenge and motivate each student to take responsibility in becoming open-minded and engaged global citizens, who are kind, empathetic, progressive and respectful.

Our Definition of Learning:

Learning is a continuous journey of personal growth and development of knowledge, skills, and understanding. We encourage our students to take an active role in our school community.



Fritids News

Reminder: Snack time is from 15:00- 15:30. If you will be picking up your child between that time please call or text the fritids phone (076 724 4559 or 073 140 9981) so we can inform your child to go to the gate. You can also email their respective teacher if you would like them to come out directly after school and not go to snack.

During the School Breaks (next: Påsklov/Easter) we ask that if you have registered your child and but have a change of plans and they will not attend, please let us know so we can unregister them and allocated resources, such as food, etc, more sustainably.

Fritids Instagram - [international_fritids](#)

Fritids Blog - futurafritids.blogspot.se



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Fritids during Sports Break

Baking

Obstacle Course

Fitness



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IPC Learning - IPC Coordinator Katie Rulapaugh

Milepost 1:

After a digital museum tour Grade 1 was inspired by the tales on Greek pottery and decided to create their own versions!



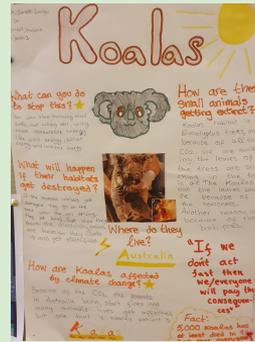
Milepost 2:

Dear Marabou
I am an 8 year old girl
and I love eating ^{your} chocolate.
The only problem is that I
will stop eating your chocolate
because you don't use **FAIRTRADE!**
You take cocoa from farmers that
don't get paid well and let there
kids work instead of going to school.
So I think that you should have

Grade 2 wrote letters to chocolate manufacturers asking them to consider fair trade options.

Milepost 3:

Grade 5 wants everyone to know that our decisions can have a negative impact on animal populations.



Monthly Personal Goal: Respectful

Current Units:

- 1- The Stories People Tell
- 2- Chocolate
- 3- Saving the World
- 4- Roots, Shoots, and Fruits
- 5- Climate Control



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IMYC Learning - IMYC Coordinator Maria Koutsoupaki

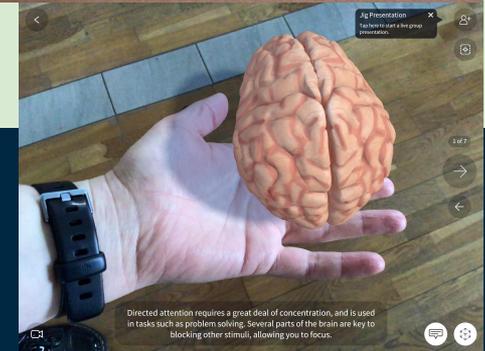
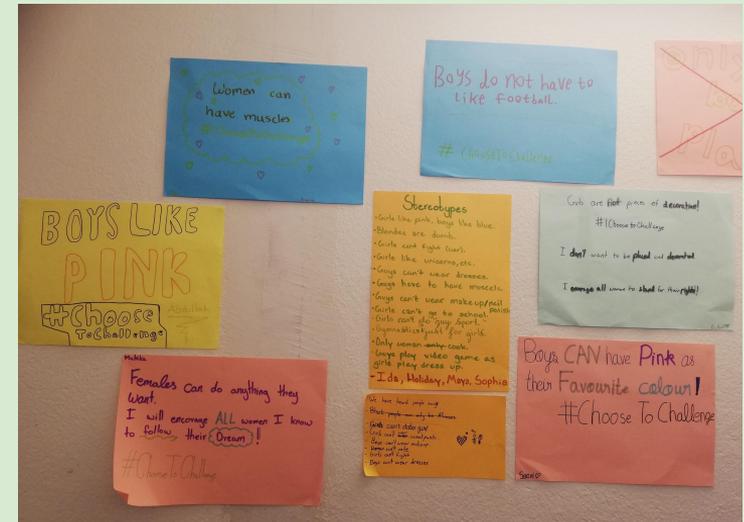
What an eventful month March has been!
We celebrated International Women's Day, World Down Syndrome Day and Brain Awareness Week!

We are currently working on our fourth unit of study:

Grade 6 - Creativity: Innovative ideas can happen when existing or new concepts are brought together

Grade 7 - Resilience: Success over time requires persistence.

Grade 8 - Interpretation: Only a few things are true for all people.



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Grade 9 Learning and News

Grade 9 Curriculum Coordinator: Steve Zeff

Important High School Dates

Students completed IB entrance exams Weeks 10-11

15 Apr - 17 May: 2nd (and final) round of applications

It is important to carefully prioritize the order in which students rank their school/program choices. Students are reminded to also apply to a local kommun school as a backup.

3 May: Deadline for students to share files (for upload to their gymnasieantagningen account)

We will upload all documents for students. These optional attachments could include CVs, reference letters, motivation letters, etc.

High School Information

[General info \(slides\)](#) and [video of presentation](#)

Visit the [Stockholm high school application system](#) for information.

Discovery Project

The 9th graders have had a second official Supervisor meeting this month to check on their progress in completing items on their action plan. They continue to document their learning journey with entries in a Process Journal. School time is given during entry/exit point days and projects will be presented to our school community in early June.



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Global Citizenship

Through our Global Citizenship Program, we offer our students, staff and community the opportunity to engage in local and global projects. Our Global Citizenship Coordinator is Steve Zeff.

This year we are working to engage more with the UN Sustainable Development Goals (SDGs), specifically Goal 3 Good Health and Well-Being and Goal 10 Reduced Inequalities.

Please learn more about the SDGs here - <https://sdgs.un.org/goals>

This month we celebrated Women's Day, Brain Week and Rock the Socks (Down Syndrome) Day.

Middle schoolers can earn Community Exchange credit by making [reading videos](#)



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Global Citizenship Cookbook - Fundraising for the Philippines

Please contribute your favorite recipes to a cookbook our Global Citizenship Program student leaders are putting together to raise funds for our sister school in the Philippines. We will celebrate the cultural diversity of our school community as we help provide food and transportation for less fortunate students in the world.

Here's where you can share your recipe(s):

<https://forms.gle/Wrei56sSyjDGALku5>



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Spotlight on... Primary School EAL!



EAL beginners in grade 1+2 sort toys by the materials they are made from.

The EAL students in grade 4 learned the names of the different classes of animals and translated some key vocabulary from the unit into their mother tongues.

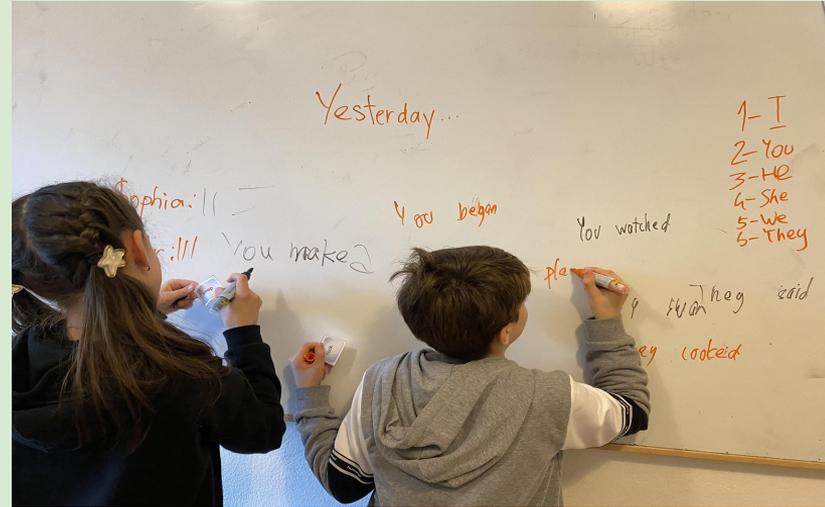


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Spotlight on... Primary School EAL!

EAL Beginners from Grades 4 & 5 welcomed a new EAL student by creating an “essential school phrases” presentation to help him adjust to a new school and a new language. They were really proud to share their knowledge and be “teachers” for the day!

Can I have a pencil?

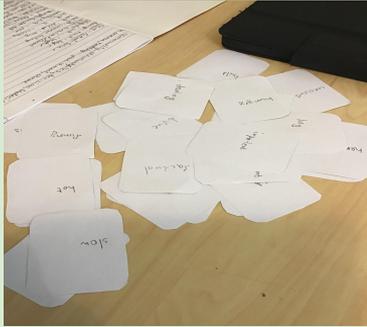


Playing a verb game!

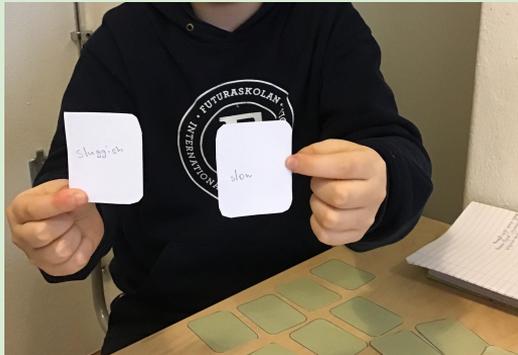
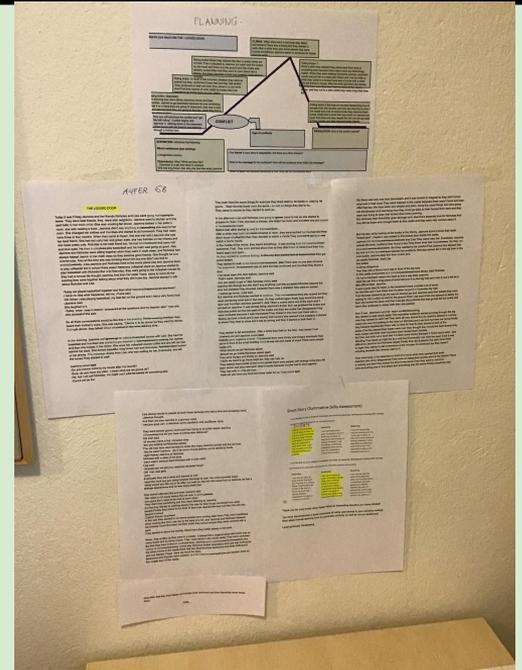


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Spotlight on... EAL!



A 4 page long, planned and written out story on a theme of **Adaptability** by Ayfer in 6b who could not speak a word of English six months ago!
What a spectacular achievement!



Grade 6 students designed a Memory game to practise newly learned synonyms.



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Tuition Timeline and Updates

Tuition Information for Academic Year 2021/2022 - Please find [here](#)

February 28 - March 15:

Tuition letters and fees for Academic Year 2021/2022

March 16 - April 30:

Tuition for current students who will return in Academic Year 2021/2022 due to secure place



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Staff Spotlight - Shabana Bashir and Matthew Earnshaw



Staff Spotlight - Shabana Bashir

How long have you lived in Sweden? **I have lived in Sweden for 17 years now.**

How long have you worked at futuraskolan? **I have worked at Futuraskolan for 5 years**

What do you like most about your job? **I like when I see children's curiosity move them as learners.**

What is the best career lesson you've learned so far? **I would encourage more women of colour to aim towards becoming leaders in International schools as our representation is significant for the diverse communities of children we serve.**

What career would you attempt if you weren't doing this? **I would probably have moved into a field that focuses more on learning about, and discovering about how to use our brain to its highest potential.**

What do you like to do when you aren't working? **Spend time with my children, yoga, meditation, equity work and dance**

What's a fun fact about you many people may not know? **The first and last race I ever entered was Lidingö Loppet, 32 km.**

Where's your favorite place in the world? **Florence, Italy**

What is your motto or personal mantra? **I am enough.**

If you could meet anyone in the world, dead or alive, who would it be and why? **Maya Angelou, she gave so much to both women and men through her wisdom and especially armstrong voice for the rights of black, and ethnic minority women.**

Three words to best describe you: **Ambitious, patient, and curious**

What is the one thing, you can't live without? **Oxygen**

If you could have any superpower what would it be? **Make the world a better place.**

What is one food that you cannot resist? **Dhal and rice (Indian dish)**

What is your favorite word? **Tea**



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Staff Spotlight - Matthew Earnshaw

How long have you lived in Sweden? **Nearly 9 Years with my wife Frida and our two boys.**

How long have you worked at Futuraskolan? **For all of those nearly 9 years**

What do you like most about your job? **That it matters, getting to watch the students develop their relationship with music, and to be able to make a positive impact.**

What is the best career lesson you've learned so far? **That it's OK to make mistakes. That's how we develop. We are only human after all.**

What career would you attempt if you weren't doing this? **Formula One driver, obviously.**

What do you like to do when you aren't working? **Spending time with my family, travelling (when it's allowed), cooking, driving, and playing the drums.**

What's a fun fact about you many people may not know? **That I lived in my car for six weeks in a car park by a beach in the south of France so could wake up at dawn to go surfing. I was much younger then.**

Where's your favorite place in the world? **The highlands of Scotland for the incredible scenery and amazing driving roads.**

What is your motto or personal mantra? **Let's put another shrimp on the barbie!**

If you could meet anyone in the world, dead or alive, who would it be and why? **The 1976 F1 World Champion, James Hunt, because I find him fascinating character who definitely lived life to the fullest. I think it would be an unforgettable experience.**

Three words to best describe you: **Kind, loyal, and easygoing**

What is the one thing, you can't live without? **Road Trips.**

If you could have any superpower what would it be? **The ability to pause time.**

What is one food that you cannot resist? **I LOVE indian food**



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PTA Information and Updates



Although this school year is very different from others we have known, the Futuraskolan International Parent Teacher Association has been working as ever to support the pupils and staff and to enhance the life of the school.

Apart from the many social and educational activities we organize for the children, we also support the school by helping to raise extra funds for things such as the library, playground, music and arts departments, school visits and much more.

In recent months we have contributed over 10000 kr to the library which we have regularly supported, purchased UN flags for UN Day, donated the annual subscription for 'The Day News' used widely in the school, bought different items of PE equipment, decorated the school for different celebrations and treated the entire staff of the school to a well deserved fika with gifts.



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PTA Information and Updates

Every parent in the school is automatically a member of the PTA and whilst most parents do not have the time to become more actively involved, one of the simplest ways of helping is to pay the annual contribution towards our PTA of just 250kr per family.

A big thanks to those who have already contributed this academic year since August!

You can be sure that your money will and is being put to good use!

The easiest way to do this is by Swish to 1236190862. Please reference with your child's name and class.

Another option is to make a transfer to our Handelsbanken bank account:
Kontonummer 706 484 428 Kontor 6144 Alternatively Bank gironr: 152-2788



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Important School Dates - General

IMPORTANT DATES

April 1: Teacher Work Day (No classes/ Fritids Closed)

April 2, 5-9: Easter Break (Fritids Open for those registered 6/4 - 9/4)

Week 15: IPC/IMYC Accreditation Week

Week 19: Thursday and Friday May 13 and 14 (School Closed. Fritids Closed)

Week 23: Friday June 11 (Last Day of School for Students, ½ day)

Please see communication from your child's mentor teacher for additions and more specific information.



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COVID19 School Updates

Please look for updated Adjusted Schedule information in Admentum by Friday April 2.

Thank you, School Community, for respecting our limits of parents in our school building. We appreciate that you support us in this challenging and important decision, one that works to keep our staff and students safe.

Please see updated regulations from FHM regarding asymptomatic children with positively tested family members - [here](#). Please note that schools are unable to ask about positive diagnosis within a students family and are subject to the discretionary sharing of each students parents on whether they would like to inform us. All information is confidential as guided by our Swedish privacy laws.

Please see our evolving COVID19 Regulations [here](#). We ask that if your children are ill, that you please keep them home, please follow the guidance of our [Health and Sickness Policy](#).



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